



Hangover Cures

Making herbs your "party-hearty" friends

By Morning: Spirit: Wolf-D.R.M.

The party last night was great, but you overindulged in a little too much alcohol or other substances and now you've got to feel better fast. We've all been there. Waking up with excess alcohol, or other intoxicants in the blood stream makes us feel heavy headed, sluggish, sensitive to light or noise, and generally feeling like there is no way to deal with the real world right now.

You might be amazed to learn that there are herbs that can scavenge alcohol and other intoxicants from the blood stream in short order, and return feelings of stability and health.

American Ginseng

Increase oxygen to brain and blood to purge toxins and free-radicals, and to reduce mental stress, while promoting right brain - left brain synapses. As the herb that repairs mammary hormones, this is a great tonic herb for heart, lungs and inspiration, and increasing overall energy and vitality.



Chamomile

Receive a huge boost to the brain, while eliminating heavy-head and swelling. Chamomile's other phyto-ceutical properties minimize migraine headaches, neutralize toxins, and flush uric acid through the kidneys. This action is capable of removing toxins through the skin, while it relaxes muscles, takes away cramps, and prevents histamines as an anti-allergenic.



Golden Rod

Stimulate kidneys and lymph circulation to rid alcohol or toxins from blood and cellular fluid, at the same time improving every immune factor. It can assist your capability to breath out toxic vapors from the respiratory tract and take in more oxygen, increasing vitality and energy.



Horseradish

Give nerves a cleaning and boost their function, while reducing sensitivity to light or noise, and purge intoxicants from blood stream and nerves. Its medicinal properties render it a strong anti-bacterial agent, while its repeated use reduces aging, boosts immunity, and increases life force.



Sarsaparilla

A super antidote for alcohol, food, or substance poisoning, it stimulates kidneys and adrenals to powerfully neutralize toxins in the blood stream. It may bring added benefit to syphilis, hives, rash, and acne. It is an overall physical strengthener, alertness booster, diuretic, and has natural properties like testosterone (anabolic steroid) that works to build muscles and rejuvenate sexuality.



TNF - Toxin Neutralizing Formula

For acute cases of alcohol, substance, or food poisoning, when there is nausea, diarrhea, headache etc., as it is powerfully able to neutralize and remove any toxins from the body quickly.



Boosters:

For an extra boost to rapid improvement, consider using one or any combination of the following vitamins:

B-Complex

Add B-Complex with Potassium to speed efficacy of any of the hangover cures, while reducing acidity and improving energy, stamina, and vitality.

Grass-C

Add vitamin C to get an extra speedy removal of toxins from the blood stream, and to decrease tissue swelling, headache, or pain.

Rice-E

Add vitamin E to compliment cures that reduce sensitivity or nervous/anxious stress, and calm reactions in the body.