



Joint Pain
Remediation
with
Cell Power®
and
Super Silica®

What causes joint pain? There can be a number of ways we damage our body which results in joint pain. Is the condition reversible? The folks at Positive Power Nutrition believe the body can heal itself when it receives the right nutrients and ENERGY to do so.

An imbalance in pH of the clear fluids in the joints is one of the causes of joint pain. That acidity can cause irritation of the surrounding tissues as well as shrinkage of cartilage. How can one balance those clear fluids? Many people have used Cell Power® to give energy to their body and they achieved pH balance within 4-10 weeks using the therapeutic dosage of 30 drops of Cell Power® in 90 ounces of water. Cell Power® does not alkalize the body but provides the ENERGY needed for the body to balance its own pH. We often hear that once a person maintained a balanced pH their joint pain disappeared.

Super Silica™ has also been reported to help with joint pain. Silica is a very important component of cartilage and collagen. Without adequate silica intake, the body can lose the resilience needed in the joints. Over acidity in the fluids of the joints can also reduce the cartilage. As earlier stated, the human body can heal itself when it receives the right nutrients and ENERGY to do so. Super Silica™ provides the highest level of silica absorption we've been able to find among supplements. One worker at Positive Power Nutrition experienced complete healing from pain in her knees and no longer has "creaky" joints, even after years of noisy knees by using the therapeutic dosage. The therapeutic dosage is 60 drops of Super Silica™ in 90 ounces of water.

You can also use the Super Silica™ topically if you like. This can help focus the benefits in an area like joint pain. People use it both undiluted and diluted in water. If redness occurs, when you use it topically, it's suggested that you dilute it with water (5 parts distilled water to 1 part Super Silica™). If using the Super Silica™ topically it's generally recommended that you also drink it in your water throughout the day. It's then working from the outside in and the inside out. Please make sure your skin is dry (after applying the Super Silica™) before clothing comes in contact with it.