



Home Remedy for Cold Sores & Fever Blisters

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An outbreak may be painful, itchy, ugly, and embarrassing, but easy home remedies may work oh so much better than prescriptions of Zoverax, Valtrex, and Acyclovere. Drugs not only send the virus deeper, they also cause untold harm to immunity, hormones, digestion, brain chemistry, and body cells.

This virus has been around for thousands of years, and was treated by natural means until pharmacology came

along. Today it's not just a sexually transmitted dis-ease, it can come from vaccines (they grow many strains in herpes simplex virus), direct dermal contact, and from animal products.

What Are Fever Blisters?

Fever blisters and cold sores are HVS-1, which is herpes virus that occurs on the face, mouth, chin and lips. They appear as raised, red, and tingly little blisters that are sore to the touch and can spread by touching them and then touching someone else. Kissing and sharing drinking and eating utensils ought to be avoided, and washing your hands often is recommended. If rubbed in the eye or nose, the virus can enter again through these mucus membranes and infect that area.

Caution should be taken when touching one's own body around the genitals. This virus can then spread and cause genital herpes. Although genitals herpes virus is hidden in the base of the spinal column, it responds to the same natural remedy.

Is There A Real Natural Remedy For Cold Sores?



Cold sores virus lives deep in the body, in a dormant state until the body becomes stressed, acidic, or the immunities go down. Home remedies for herpes and cold sores have been around for hundreds of years and have many healing qualities. All it takes is

attention to the following three stage process to be totally effective.

3 Stage Process Protocols

Follow these suggestions for a minimum of 3 days at the onset of outbreak, which may prevent full outbreak, greatly reduce symptoms, and minimize discomfort. Then continue dosage reducing applications to every 3-4 hours for another 5-7 days to prevent further outbreaks.

1-Boost Immunity & Reduce Stress

- Take 45 drops B-Complex every 2 hours
- Drink Thyme tea, 1 cup every 2 hours OR drink fresh squeezed lemon juice in water

2- Target the virus

- Take 20 drops Lemon Balm every 2 hours OR drink 1 cup Lemon Balm tea every 2 hours

3- Keep it from spreading

- Take 1,000 mg L-lysine every 2 hours
- Rub olive oil with tea tree oil over and around the outbreak on the half hour or hourly

These three protocols when used together, not only may help to kill and reduce the amount of herpes virus in the body, they may also help keep further breakouts from happening.